

Date: _____

Supervisor/Department: _____

Slips, Trips, and Falls – Performing Arts

Every year, workers are injured on the job from slips, trips, and falls. This can result in a minor injury like a sprain, strain, or bruise but it can also be more serious like a head injury. Preventative measures are crucial.

Slips happen when there's insufficient grip or traction between footwear and the walking surface.

Trips happen when a loss of balance occurs when a foot collides with an object or a misstep.

Falls are a direct result of a loss of footing or contact with the ground.

Here are some suggestions on how to stay safe when working around slip, trip and fall hazards.



Common slips, trips and falls and preventative measures:



Clutter

- ✗ Gear and Equipment on the stage, side stage, backstage and the loading bay can be a tripping hazard.
- ✓ Ensure walkways and exits remain accessible and clear.

[WorksafeBC Regulation 4.39](#)



Dollies

- ✗ Dollies left unattended on their wheels can be a slipping hazard.
- ✓ Ensure dollies are put away after use.

[WorksafeBC Regulation 4.39](#)



Lighting

- ✗ Stagehands work in the dark, making it hard to see tripping hazards.
- ✓ Make sure there is adequate lighting throughout all work areas.

[WorksafeBC Regulation 4.65\(1\)](#)

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Walking Surface

- ✗ Uneven walking surface, even 1/2 inch can be a tripping hazard.
- ✓ Watch out for floors that are uneven.



Water

- ✗ If it's raining with the bay door is open, water can collect by the door and be a slipping hazard when loading and unloading trucks.
- ✓ Keep the area clear of water.

WorksafeBC [Regulation 3.9](#), [Regulation 4.40](#)

It's important to document your assessments on paper, and review them on a regular basis. If the requirements of a scene change, you may need to do a re-assessment.

Attendees (attach Sign-in Sheet if needed):

Name	Initials	Name	Initials
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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