

Date: _____

Supervisor/Department: _____

Slips, Trips, and Falls – Motion Picture

Every year, workers are injured on the job from slips, trips, and falls. This can result in a minor injury like a sprain, strain, or bruise but it can also be more serious like a head injury. Preventative measures are crucial.

Slips happen when there's insufficient grip or traction between footwear and the walking surface.

Trips happen when a loss of balance occurs when a foot collides with an object or a misstep.

Falls are a direct result of a loss of footing or contact with the ground.

Here are some suggestions on how to stay safe when working around slip, trip and fall hazards.



Common slips, trips and falls and preventative measures:



Housekeeping

- ✗ Construction crews leave debris as they work, creating tripping hazards.
- ✓ Practice good housekeeping. Pick up trash and clutter and put things away after using them. Keep walkways and exits clear.

[WorksafeBC Regulations 4.39, 4.41](#)



Lighting

- ✗ Shooting areas can be dark, making it hard to see tripping hazards.
- ✓ Make sure there is adequate lighting throughout all work areas.

[WorksafeBC Regulation 4.65 \(1\)](#)



Clutter

- ✗ Gears and equipments can be a tripping hazard.
- ✓ Ensure fire lanes, walkways or exits remain accessible and clear.

[WorksafeBC Regulation 4.39](#)



Walking Surface

- ✗ Uneven walking surface, even ½ inch can be a tripping hazard.
- ✓ Watch out for floors that are uneven.

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Cords and Cables

- ✗ Cords and cables placed in working areas can be a tripping hazard.
- ✓ Cover cables and or cords with cable mats, carpets, or brightly colored tape.

[WorksafeBC Regulation 4.39](#)



Snow and Ice

- ✗ Snow, Ice can be a slip, trip and fall hazard.
- ✓ Clear snow and ice. Use de-icer to help keep walkways clear.
- ✓ Choose footwear with good traction. Spikes or studs that grip the ice will provide better traction.
- ✓ Keep entrance ways clear of water from melting snow and put-up caution signs.

[WorksafeBC Regulation 4.1](#)



Footwear

- ✗ Footwear without proper or worn-out grip can cause a worker to slip and fall.
- ✓ Choose proper footwear for the task and conditions.

[WorksafeBC Regulation 8.2 \(1\)](#)

It's important to document your assessments on paper, and review them on a regular basis. If the requirements of a scene change, you may need to do a re-assessment.

Attendees (attach Sign-in Sheet if needed):

Name	Initials	Name	Initials
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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