

We can't prevent disasters happening but we can prepare to avoid suffering, minimize damage and come through the recovery period as quickly as possible.

When it comes to emergency preparedness we all have a role to play. You should prepare to take care of yourself and your family for a minimum of 72 hours during an emergency. You should also understand the basic principles of first-aid and safety.

## IN CASE OF A MAJOR EMERGENCY

- Follow your **emergency plan** ★
- Get your basic **emergency kit** ★
- Ensure you're safe before assisting others.
- Listen to the radio or tv for further information.
- Stay put until all is safe or until you are ordered to evacuate.
- Only call 911 to report a fire, report a crime or save a life.

### **Emergency Plan**

Keep the following details in a safe place:

- Safe exits from work, home and neighborhood
- Meeting places to reunite with family, friends, colleagues
- Designated person to collect children
- Contact persons close-by and out-of-town
- Health & insurance information and passport copies
- Places for your pet to stay
- Risks in your region
- Location of fire extinguishers, water valves, electrical panel, gas valves and floor drain

### **Emergency Kit**

Your kit should be easily accessible, portable and have enough supplies for you, your family and pets to survive for at least three days. Your basic kit should contain:

- Water (2 litres per person per day)
- Food (that won't spoil)
- Manual can opener
- Flashlight and batteries
- Battery-powered or wind-up radio
- Extra batteries
- First-Aid kit
- Extra car keys and house keys
- Cash (and change for payphones)
- Emergency plan



## EMERGENCY ALERT INFORMATION

FOR MORE INFORMATION: [WWW.GETPREPARED.GC.CA](http://WWW.GETPREPARED.GC.CA)  
EMERGENCY ALERTS: [EMERGENCYINFOBC.GOV.GC.CA](http://EMERGENCYINFOBC.GOV.GC.CA)  
ROAD CONDITIONS: [DRIVEBC.CA](http://DRIVEBC.CA)  
EARTHQUAKES/TSUNAMIS: [EARTHQUAKESCANADA.NRCAN.GC.CA](http://EARTHQUAKESCANADA.NRCAN.GC.CA)  
WILDFIRE: [BCWILDFIRE.CA](http://BCWILDFIRE.CA)  
FLOOD WARNING: [BCRFC.ENV.GOV.BC.CA](http://BCRFC.ENV.GOV.BC.CA)

